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Photo by Tony Lattimore

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WOMEN EMBRACE WELLNESS IN 2024: CHECK IN WITH YOUR OB/GYN

Did you make any New Year's resolutions this year? If so, consider prioritizing your sexual and reproductive health. While often overlooked, they are undeniably integral to your overall wellness.

Here are five tips to guide your goals for better sexual and reproductive health this year.

1. Schedule regular checkups

Make sure that you're on track with regularly scheduled checkups at your OB/GYN that may include things like a pelvic exam, screening for cervical cancer, testing for STDs, birth control or any other concerns you or your health care provider may want to address. This is also the perfect opportunity to ask your health care provider questions and tell them about any issues you are having - so make a list before you go so you don't forget.

2. Understand your birth control options and how to secure them

During your routine health checkups, it's important to keep up to date with the latest contraceptive methods and determine which option aligns best with your current stage in life and personal lifestyle choices. Ensuring you are well-informed about birth control methods that suit you and are keeping a steady supply is especially important in busier periods filled with social engagements and travel.

3. Have a back-up plan

For those unexpected moments that

catch couples off guard, Cadence OTC's Morning After Pill provides a reliable backup for 'oops' moments like when a condom breaks or when protection slipped your mind.

"Prioritizing your health this year means not only having a plan, but also having a back-up plan," said OB/GYN Nap Hosang, MD, Chief Medical Officer at Cadence OTC. "Cadence OTC is increasing over-the-counter access to safe, effective, affordable contraceptives for everyone everywhere, starting with Morning After Pill. Keeping emergency contraception on hand during this busy season can ensure you're protected no matter what. Stocking up on emergency contraception to be able to take as soon as possible is crucial for its effectiveness."

Approved by the U.S. Food and Drug Administration (FDA), Cadence OTC's Morning After Pill is not only a safe and high-quality option but is now available for online purchase at half the price of the leading brand- making reliable and affordable emergency contraception more accessible at an affordable price. In addition, Cadence OTC is actively seeking FDA approval for Zena, a groundbreaking over-the-counter combination birth control pill, eliminating the need for a prescription or doctor's visit. For more information, visit cadenceotc.com.

4. Educate yourself



Keep abreast of the latest advancements in technology, science, and medicine that impact your health. The field of medicine is always offering new insights into preventive health measures through improved hygiene, nutrition, and exercise, as well as evolving treatments for various conditions. Seek trustworthy information from authoritative sources like government health websites and platforms established by medical and healthcare organizations or academic institutions.

5. Open communication with a partner

Maintaining a healthy relationship often hinges on regular, open, and

honest communication with your partner. Sharing concerns and feelings about your physical relationship can lead to improved intimacy and enhance your overall well-being.

Remember, taking good care of your overall health is an ongoing practice that can help you lead a fuller, happier, more joyful life. If something is unsettling or if there is tension between partners, communicating about those differences should be a positive experience because it offers the possibility of greater understanding and mutually acceptable improvement in the new year and beyond. - (BPT)

TIME STANDS STILL AT FESTIVAL OF ARTS FOASOUTH SATELLITE GALLERY

The Festival of Arts of Laguna Beach is pleased to announce its newest off-site exhibit, "Ephemeral Monuments: A Stillman Sawyer Retrospective," located at foaSOUTH, the Festival's satellite gallery. Open now through March 31, 2024, the exhibit delves into the intricate relationship between Stillman Sawyer (1927 - 2007), a longtime Festival of Arts exhibitor, and his distinctive photography, nature, and the passage of time.

Featuring framed black and white prints from Sawyer's long career photographing landscapes, this retrospective showcase explores the delicate interplay between nature, time, and the ephemeral beauty of fleeting moments. The exhibit is a poignant journey through Sawyer's lens, offering viewers an intimate experience with the ageless beauty of nature, which he so passionately preserved.

"Stillman Sawyer's masterful photography invites the viewer to ponder the evanescent wonders and enduring landscapes that define our world," shared Art Collection Specialist Morgan Matthews. "His contribution to both the Festival of Arts and the artistic community is immeasurable, making this exhibit a celebration of his legacy and an invaluable experience for art enthusiasts."

As a meticulous craftsman, Sawyer engaged in every aspect of the photographic process, using archival materials and procedures. He would be involved in film development, printing, toning, all the way to matting and framing. Stillman Sawyer was born and raised in Southern California, living in Whittier, San Pedro, and Laguna Beach. He received his BA from Pomona College, spent time in the Armed Forces,

and then completed his graduate studies at Stanford University. He worked for Union Oil as an engineer, but his real passion was nature and photography.

His artistic legacy extends beyond his work, as evidenced by his generous contribution of \$1 million as seed money for a year-round gallery for Festival artists and the donation of his complete photographic archives. Sawyer's estate donated the prints, as well as pieces of equipment and hundreds of negatives, to the Festival's Permanent Art Collection in 2009. Sawyer was a longtime member of the Festival and a beloved artist in Laguna Beach.

Matthews adds, "Ephemeral Monuments' is not merely an exhibition; it is an invitation to explore the profound beauty of nature through the lens of a remarkable artist."

"Ephemeral Monuments: A Stillman Sawyer Retrospective" is free of cost to the public and runs through March 31, 2024. The foaSOUTH gallery is inside Active Culture located at 1006 S. Coast Hwy., Laguna Beach, CA 92651. The building is open to the public daily from 9am to 8pm.

The Festival of Arts is a non-profit organization whose proceeds support the arts in and about Laguna Beach. Stay up to date on all things Pageant of the Masters and Fine Arts Show visit www.foapom.com or follow @FestivalPageant on social media. To support the Festival of Arts, please visit www.foapom.com/supportnow.

ABOUT THE ORGANIZATION

The Festival of Arts, a non-profit 501(c)(3), has long been a local leader that has helped with the growth and development of the community and the arts in



"Braided River" photographed by Stillman Sawyer is on display at foaSOUTH through March 31, 2024

Laguna Beach. Established in 1932, the Festival of Arts' mission is to promote, produce and sponsor events and activities that encourage the appreciation, study and performance of the arts. The Festival of Arts produces two world-class events: The Festival of Arts Fine Art Show and the Pageant of the Masters. Together both shows attract over 200,000 visitors each year.

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TAKE CONTROL OF YOUR BLOOD PRESSURE 7 CHANGES TO HELP MANAGE YOUR HEALTH

What you eat and drink, as well as your activity level and habits, affect your heart and brain health and are essential for managing blood pressure, cholesterol and more. High blood pressure (readings consistently higher than 130/80 mm Hg) is a leading cause and controllable risk factor for heart disease and stroke as well as other issues such as kidney failure, vision loss and sexual problems.

In fact, nearly half of all American adults have high blood pressure, or hypertension, according to the Centers for Disease Control and Prevention, but many may not even realize they have it unless they experience other complications. What's more, ethnicity can also play a role in your risk factors.

For example, Hispanic adults have some of the highest prevalence of poorly controlled blood pressure, according to the American Heart Association, which is one of the major risk factors for heart disease. Due to longstanding systemic barriers, such as a historic lack of access to health care and nutritious foods, the Hispanic and Latino community is disproportionately affected by heart disease and related health issues.

Additionally, Black women of childbearing age are more than twice as likely to have uncontrolled blood pressure than their white counterparts, according to research published in a special Go Red for Women issue of the "Journal of the American Heart Association." Food insecurity, or lack of

access to adequate healthy food options, is also higher among Hispanic and Black women compared to white women, and one of the social factors that may impact high blood pressure risk.

To help maintain blood pressure below 120/80 mm Hg and manage risk factors, the American Heart Association with national support from Elevance Health Foundation recommends these lifestyle changes.

Maintain a healthy weight. If you're overweight or obese, you're at increased risk of high blood pressure. Losing as few as 10 pounds (or 3-5% of your body weight) can provide health benefits, including lowering or preventing high blood pressure. Talk to your health care provider about a healthy approach to weight loss, including caloric intake and activities that may help both lose and maintain weight.

Eat healthier. Eating fruits and vegetables, such as mangos, avocados and blueberries, can lower blood pressure over time. Other smart choices include nuts and seeds, whole grains, low-fat dairy, lean proteins and fish. The Dietary Approaches to Stop Hypertension, or DASH, eating plan is geared toward reducing blood pressure and helps create a heart-healthy eating style.

Reduce sodium. Americans consume up to 75% of their sodium from processed foods like soups, tomato sauce, condiments and canned goods.



To help cut back, read labels when shopping and choose lower-sodium versions of your favorite foods, skip the table salt and consider spices and herbs as seasoning alternatives.

Manage stress. Stress is known to contribute to risk factors for high blood pressure like poor diet and excessive alcohol consumption. Practicing relaxation techniques, such as yoga or deep breathing, practicing gratitude and doing things you enjoy can help reduce stress.

Get active. Physical activity not only helps control high blood pressure, it also aids in weight management, strengthens your heart and lowers stress levels. The American Heart Association recommends at least 150 minutes per

week of moderate-intensity physical activity, such as brisk walking.

Limit alcohol. Drinking too much alcohol can raise your blood pressure. If you drink, limit consumption to no more than two drinks per day for men and one drink per day for women.

Quit smoking. Every time you smoke, it causes a temporary increase in blood pressure. Both smoking and exposure to secondhand smoke also increase the risk for plaque buildup inside the arteries, a process high blood pressure is known to accelerate.

Find more advice for managing your blood pressure at Heart.org/highbloodpressure.

Photo courtesy of Getty Images

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KNOW THE DIFFERENT KINDS OF HEALTH COVERAGE THAT MAY BE AVAILABLE TO YOU

When you are looking for a plan to cover your health care needs, and perhaps those of your loved ones, it can be confusing to know what your options are and what you might be eligible for. And there could be a lot of factors that come into play, such as how old you are, where you live and your level of income.

Access to affordable health care coverage is more attainable than you might think. If you have questions about the different types of coverage being offered and who might be eligible, here's a quick guide to help.

Employer-based coverage: For the 54% of Americans with employer-provided coverage, many employers set aside a 2- to 3-week period between September and December when their employees can select health benefits for the following year. A lot can change in a year, so if you have employer-based coverage, consider whether your current benefits are still meeting the needs of you and your family and see what plan changes your employer has made in the options offered. If you are unsure about your options, check with your employer.

Medicare: This is a federal program that provides health insurance for people 65 years and older, with certain exceptions for those younger than 65. There are several types, or "parts" of Medicare.

* Parts A (hospital insurance) and B (medical insurance) are considered Original Medicare.

* Part C is what's also known as Medicare Advantage and combines Parts A and B and usually includes prescription drug coverage. These plans often also offer additional benefits such as dental, vision and fitness.

* Part D plans are stand-alone plans that help pay for prescription drugs. Part D plans may be added with Original Medicare and/or a Medicare supplement insurance plan, as well as with certain Medicare Advantage plans that don't include prescription drug coverage.



* Medicare supplement insurance plans, also known as Medigap plans, help pay some of the out-of-pocket costs not paid by Original Medicare.

For more information about Medicare, visit MedicareMadeClear.com.

Medicaid: This is a federal health insurance program that is managed by each state, so the eligibility requirements (such as income level) may differ from state to state. Medicaid plans can also provide access to care for pregnant women, children, eligible low-income adults and people with disabilities. Medicaid plans cover things like hospital stays, doctor visits, and nursing home care. Often it includes things like prescription drug coverage, dental care and more. Check with your state plan to find out if you're eligible and what that specific plan covers. Or visit MedicaidHelper.com.

Dual Special Needs Plans: Some people are eligible for both Medicare and Medicaid. In this case, they are also able to have what's called a Dual Special Needs Plan, or D-SNP. It combines features of both programs, but also can contain benefits that are exclusive to dual plans, such as credits for healthy food and help with utilities. These plans

are administered by each state.

Other Special Needs Plans include:
* Chronic Special Needs Plans (C-SNPs) for people living with severe or disabling chronic conditions

* Institutional Special Needs Plans (I-SNPs) for people who live in a skilled nursing facility

* Institutional-Equivalent Special Needs Plans (IE-SNPs) for people who live in a contracted assisted living facility and need the same kind of care as those who live in a skilled nursing facility

Individual & Family ACA Marketplace plans: These plans are available on the Health Insurance Marketplace, also called the Exchange. This is where Affordable Care Act (ACA) health care plans are sold, offering affordable coverage, sometimes at low- to no-cost, for you and your family. These are health plans people can buy on their own. If you do not have health insurance through a job, Medicare, Medicaid, the Children's Health Insurance Program (CHIP), or another source, an Individual and Family Plan may be a good alternative for you. To find out more about UnitedHealthcare's Individual and Family Plans or to see if they're available in your state, visit UHCEXchange.com. - (BPT)



PIERRE KOENIG'S FINAL MID-CENTURY MASTERPIECE LISTED FOR \$4.55 MILLION

Pierre Koenig was one of the most iconic architects of the mid-century modern movement, which focused on functional designs, harmony with nature, geometric lines, and the use of steel and glass. The San Francisco native created some of the most striking homes in Southern California during his storied career. A graduate of USC, he taught at that University's School of Architecture from 1964 until he died in 2004, influencing countless young architects. He designed two of the most photographed homes in the world as part of Arts & Architecture magazine's Case Study program, the Stahl House (Case Study #22) with its panoramic views of Los Angeles and stunning steel-and-glass construction, and the Bailey House (Case Study #21B), a classic example of a modernist family home. Koenig's final project, a gorgeous geometric home in Santa Monica known as the Schwartz House, has been listed for sale at \$4.55 million.

More like a work of art than a typical house, the rare historic home sits atop four structural steel columns, designed to minimize the home's ecological impact and promote a harmonious relationship with nature. The residence's rotated design is focused on southern exposure and capturing the sea breezes to conserve energy but also offers an attention-getting look. Stark lines, black-steel framing, galvanized wall panels, and floor-to-ceiling glass provide the classic mid-century modern aesthetic for which Koenig is so famous.

The 2,380-square-foot home's interiors are warm and inviting, offering a breezy, beautiful style. Blonde hardwoods and white walls complement the walls of glass and open floor plan that connects the spacious kitchen, dining, and living spaces. Four bedrooms, three baths, and a guest suite with its own entrance offer plenty of room for family, or space for a home office or gym. A spiral staircase with yellow metal steps connects the



three stories in an iconic modern style. A recent renovation updated the property with a new roof, refinished floors, and all new appliances while maintaining the look and spirit of the original home. A covered patio beneath the steel columns offers shade for lounging, while mature trees ring the yard. With only two owners since its original commission, the home has been carefully maintained. With its pedigree and condition, the Schwartz House is a good candidate for registration as a historic landmark.

The home is located in a fantastic part of Santa Monica, only half a mile from top-rated Ginger Rogers Beach and Rustic Canyon Park. Santa Monica's bustling downtown, plus numerous great beaches along the Pacific Coast, are only a short drive away. Over 30 Michelin-starred restaurants and numerous trendy boutiques are located



within Santa Monica's city limits, with everything LA has to offer accessible via freeway. A combination of exclusivity and convenience makes the beachside city hugely popular with celebrities with Tom Cruise, Tobey Maguire, Jamie Lee Curtis, and Bruno Mars just a few of the

notable neighbors. The listing is held by Brian Linder at Compass. **Photos by Cameron Carothers.** Source: www.compass.com <https://toptenrealestatedeals.com/>



BRING BRUNCH FAVORITES TO THE TABLE



Few things go together like the weekend and brunch. Whether that means gathering with family, friends or a combination of both, it's the perfect time to slow down and bring your loved ones together for a lighthearted meal.

Catering to a variety of different palates requires a diverse menu of dishes ranging from fresh fruit and baked goods to proteins and more. A key

ingredient to bring any spread together: Envy apples, which are a natural cross between Braeburn and Royal Gala apples.

With their beautifully balanced sweetness, uplifting fresh aroma, delightfully satisfying crunch and bright red skin that sometimes features a golden blush, they can be served fresh or paired with other brunch favorites in

shareable dishes like the Brunch Board with a Twist. Plus, their naturally white flesh doesn't brown as quickly as other apples, making them easy to savor while enjoying time with loved ones.

Find sweet brunch recipe inspiration at EnvyApple.com.

Brunch Board with a Twist
2 Envy Apples, sliced
boiled eggs, halved

cooked bacon
bananas, sliced
berries
miniature pancakes
edible flowers, for garnish
2-3 Envy Apples, for garnish
On breakfast platter, artfully arrange sliced apple, halved boiled eggs, bacon, bananas, berries and pancakes. Garnish with edible flowers and whole apples.



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NEW YEAR, BETTER YOU: 5 ACHIEVABLE GOALS FOR YOUR 2024 RESOLUTIONS

A new year is just around the corner, so it's time to brainstorm resolutions and goals for 2024. If you've made resolutions in the past and haven't stuck to them, you might be discouraged from even trying to make one for the coming year. It's likely that the goals you picked weren't attainable or sustainable for your life.

Instead of making lofty promises that are unachievable, start with small, modest changes that you can accomplish and build upon in years to come. Not sure where to start? Check out these five achievable goals for 2024.

1. Learn or resume a hobby

If you don't have a hobby or have let it go by the wayside, dedicate some time this year to doing something you enjoy. Hobbies aren't just activities we do for fun. They can have huge mental and physical health benefits.

According to VeryWell Mind, enjoyable activities can help you reduce stress, lower blood pressure and combat depression. You don't have to engage in your hobbies every day to reap the benefits. One study showed that engaging in a physical leisure activity for 20 minutes a week helped people feel less fatigued.

Whether you get back into knitting or playing guitar or pick up a new hobby like painting or ballroom dancing, you're carving out time for yourself that can take your mind off the stresses of everyday life.

2. Move your body

This year, make it a goal to get your body moving. That doesn't mean you have to exercise every day for hours at a time. According to the Centers for Disease Control and Prevention, adults need 150 minutes of moderate-intensity activity each week. That may sound like a lot, but it breaks down to 30 minutes a day, five days a week.

Take it slow if you're new to working out or it's been a while since you've exercised. You can even break up 30 minutes of daily activity into smaller chunks. For example, you can do 10 minutes of brisk walking or aerobic exercises three times a day or 15 minutes twice a day. By breaking up your movement goal into smaller chunks, you can naturally find breaks throughout your day to get moving.

3. Invest in your health

If you want to live a long healthy life, you need to invest in your health. Nicole Avena, PhD, Associate Professor of Neuroscience, Mount Sinai School of Medicine and Author of Why Diets Fail says, "In addition to a healthy and balanced diet and getting an adequate amount of exercise, it's important to cover all your bases like adding daily vitamins to your health regimen. Each person's dietary needs will vary slightly. While most people can get enough from diet alone, others may need to take a supplement, and nowadays, there are many vitamin options for men and

women of all ages."

To ensure that you receive essential nutrients, consider taking a daily multivitamin like vitafusion MultiVites which is an excellent source of 12 vitamins and minerals. Offering a selection of multivitamin gummies to support the consumer's unique needs, vitafusion is America's #1 adult gummy vitamin brand and the only gummy vitamin brand with a fusion of natural fruit flavors. To learn more, visit vitafusion.com.

4. Mindfulness

You've probably heard about mindfulness, but do you know what it is and its benefits? Simply put, mindfulness is being aware and fully present in your body, mind and environment. According to the National Institutes of Health, practicing mindfulness can have several positive impacts on your health and well-being, including reducing anxiety and depression, lowering blood pressure and improving sleep.

A popular way to practice mindfulness is meditation, but it's not the only way. You can practice breathing or grounding exercises, go on a walk or take stock of how your body is feeling in the present moment. Mindfulness practices can be short or long, but to start, you can carve out five minutes a day in the morning or at night to get in touch with your awareness.

5. Improve your finances

A common New Year's resolution is to



be better about saving and spending. According to the American Psychological Association (APA), 72% of adults report feeling stressed about money at least some of the time. While there isn't a one-size-fits-all plan for improving your financial well-being, there are simple ways to assess your finances and target areas for improvement.

In January, track all your income and expenses. You can do this by using an expense sheet, or you can download an app to make things easier. Once you know where your money is coming from and where it's going, you can identify areas where you could be spending less and saving more and set financial goals for the year.

Small changes can add up quickly and turn into life-long habits. Using these five tips, you can start the year on the right foot and invest in yourself now and for years to come. - (BPT)

Photo by Bruce Mars

HOW TO HAVE FUN, STAY ACTIVE AND BE BOLD AT EVERY AGE: 5 BENEFITS OF EXERCISE

No matter your age or fitness level, experts agree that physical activity brings multiple benefits to your mind and body. If you wonder how being more active as you get older can help you live a happier, healthier life - and how to get started - taking small, simple steps to boost your activity level can make a big impact.

"Age is just a number, and we'll make sure it never slows you down, so why not begin the new year on the right foot by finding activities you love to do," said Julie Logue, M.P.H., training manager at SilverSneakers. "You can 'act your age' by having the time of your life, whether you're dancing, walking or playing pickleball with friends."

Remember, before starting any new exercise, it's recommended to consult your health care provider.

Here are a few benefits of exercise that may inspire you to move a little more.

1. Protect your bones and joints

Stronger muscles help protect your bones and joints as you age. But if you think lifting heavy weights is the only way to strengthen your muscles, you're in for a pleasant surprise. If you haven't been active, you can begin strength exercises by starting slowly, using little to no special equipment, and gradually improving your strength over time.

It's best to seek classes or programs specifically designed for seniors, such as SilverSneakers by Tivity Health - the nation's leading fitness program for

older adults that offers in-person and virtual classes with the needs of seniors in mind. Seniors can find classes for all levels focused on building strength and flexibility as they age, along with cardio exercises to get their blood pumping.

2. Help prevent falls

About one in four Americans aged 65 and older will fall each year, according to the Centers for Disease Control and Prevention. Regular exercise that builds strength and improves balance is one of the best ways to help prevent falls or recover from a fall.

Classes like those offered by SilverSneakers can help strengthen your ankles, knees and hips for a sturdy foundation. Plus, they can help improve your core strength and upper-body posture - to help you stay upright and steady.

3. Learn about injury prevention

Injuries can happen at any age, but a few simple precautions can help to keep you moving injury-free. If you're a beginner, choose instructors and exercise programs that start slow - even seated - and build your strength and flexibility gradually, so you can continue improving your fitness without risking injury. SilverSneakers even offers virtual classes designed for beginners to help get you started.

4. Enjoy socializing

One valuable benefit of being active is finding a class or community of people you enjoy spending time with. Whether you're taking classes in person or online,



you'll know everyone else in the class is also aiming to stay more fit and healthy. Taking classes together is a fun bonding activity that will help you stay motivated and may inspire you to create your own group of friends for walking or doing activities together.

5. Improve mindfulness and reduce stress

Physical activity can reduce stress, help you stay more present throughout your day and enjoy your life to the fullest. Classes offered by SilverSneakers include Tai Chi and Yoga, which are easy ways to help you stay more mindful and boost your overall well-being.

Getting started SilverSneakers offers members a

network of up to 22,000 fitness locations, along with community-based options like community centers and parks. Workouts are offered at thousands of gyms, community centers and other participating fitness locations nationwide.

Members can participate in live, instructor-led and on-demand virtual classes in a variety of lengths and formats. Options include programming for those with chronic conditions, plus healthy aging workshops on topics including fall prevention and virtual learning opportunities.

If you have a Medicare Advantage plan, it may already include SilverSneakers. Learn more at SilverSneakers.com. - (BPT)

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Come along side so they know they're not alone.
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Help them create a legacy that lives beyond them.
- 2. Support Youth Service Organizations (YSOs)**
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Taste of Wine & Food

By Frank Mangio & Rico Cassoni

CHEF CEVASCO EXPANDS BEESIDE BALCONY TO LA JOLLA

Story and photos by Rico Cassoni

The year 2023 ended with us visiting two of my favorite venues of the year. The previous column covered the culinary genius of Chef Q executive chef and a partner for the Grind & Prosper Hospitality group at Little Italy's Coco Maya. This column covers the same level of culinary genius creativity with Executive Chef Christophe Cevasco who is also the owner of Beeside Balcony with locations in Old Del Mar and his newest site in La Jolla proper on Prospect St. next to the well-known, The Spot venue.

Despite having a bustling holiday dinner that Chef Christophe and his team was preparing for, he spent a generous amount of time going over the current Beeside Balcony menu that both the Del Mar and La Jolla locations share and updates from our last Del Mar visit. Chef Christophe takes his years of kitchen and managing partner experience from nearby Eddie V's La Jolla location and Las Vegas Valentino's General Manager expertise to be an effective proprietor and executive chef mastering both the kitchen and back-end operations. Christophe shared, "I want Beeside to be 'flip flop fine dining' that is casual and approachable with high quality." Further Chef mentioned, "As the proprietor and executive chef, I have total creativity and control."

Get ready to hear the phrase "Best Of" several times. My first "Best Of" is the Bee's Board. This piled wide and high charcuterie board includes artichoke hummus, spicy htipiti (red pepper and feta), honey goat cheese with honey from Chef's own beehive, gorgonzola, salami, cucumbers, olives, fresh toasted pita, and the best ever red onion marmalade. The board is a

perfect starter for 4 or more and could even be a great meal to enjoy while overlooking Prospect St from above.

After enjoying the Bee's Board, we tried several other appetizers. The first was the crab cake with meaty chunks of crusted blue lump crab and a zesty remoulade. We also had Spanish Octopus with arugula, lemon truffle vinaigrette, and red onions. Most associate octopus with rubbery and chewy. Chef Christophe's was perfectly prepared with braising and then searing creating a succulent flavor profile with depth. The third starter was the petite caprese salad with baby heirloom tomatoes speared with soft, creamy mozzarella, and EVOO on a bed of arugula and topped with fresh basil and a balsamic glaze.

I paired the Bee's Board and appetizers with a glass of Austin Hope Cabernet Sauvignon. The Paso Cab was a great companion with my board and appetizers so much so that I had a second glass with dinner. Beeside offers a nice collection of custom cocktails, mimosas, sangria, local beers, mocktails, and wine list of bubbles, whites, and reds from California and globally throughout the world.

For dinner at the suggestion of Chef Christophe, I had Pork Osso Bucco. This is a fairly new item for Beeside and is deserving of another "Best Of" mention. The pork shank entrée was beautifully presented with a garlic polenta cake, tomatoes, carrots, and celery in a white wine sauce with rosemary and thyme garnish. While I had a knife, the fork split pork separated with little effort rendering the knife unnecessary. I loved this entrée and highly recommend it. My wife who joined me for dinner had the scallop



Exec Chef/Proprietor Christophe Cevasco presenting Bee's (Charcuterie) Board.

entrée for her main. For me, scallops are a hit and miss and comes down to preparation. Chef Christophe's were a huge hit. They were perfectly seared with Spanish chorizo, toasted almonds, and topped with a mango citrus sauce plated with a cauliflower puree.

One more "Best Of," the Baklava ice cream pie is as eye appealing as it is flavorful. This is a decadent dessert with layered house-made baklava and

vanilla ice cream, walnuts, nutmeg, and a cinnamon honey drizzle. I can't recommend Beeside Balcony enough, either their Del Mar or La Jolla locations, for a date night, special occasion, or sharing an evening with friends. Thank you Chef Christophe, Manager Xianna, and Server Meredith for a special evening! Get more information on Beeside Balcony at beesidebalcony.com.



Appetizer trio with Spanish Octopus (left), Crab Cake, and Petite Caprese salad.

Wine Bytes

- West End Bar&Kitchen in Del Mar is hosting a Frank Family Vineyards Wine Dinner on Thu 2/8@6PM. Guests will experience wines from Frank Family's Napa Valley 380-acre estate collection. The main course features coffee rubbed brisket with potatoes lyonnaise paired with 2021 Frank Family Napa Valley Cabernet Sauvignon. Cost is \$120 per person and includes tax/gratuity. RSVP at westenddelmar.com or 858-259-5878.
- Doug Margerum from Santa Barbara's Margerum Wine Company will be in San Diego for several upcoming wine dinners. The first is a Chef Erin Sealy 5 Course dinner at Carlsbad's La Costa Wine Company on Tuesday, Feb 6th at 6:30PM. Menu details are in progress. Cost is \$120 and includes tax/gratuity. RSVP at winepairevents.com. Future Margerum events are also scheduled for San Diego's Wine Vault & Bistro. Details forthcoming.
- Vittorio's Italian Trattoria is kicking off their 2024 Wine Dinner series with a Trefethen Wine Dinner on Thu 1/25@6PM. The three-course dinner + dessert features grilled hanger steak with potatoes au gratin paired with 2020 Cabernet Sauvignon. Cost is \$75 per person + tax/gratuity. RSVP at 858-538-5884.



Sponsor Jenny Smyth, board member Paul McDonald, sponsor Julie Alai.

KURE IT CANCER RESEARCH HOSTS ITS ANNUAL 'LET'S SAVE LIVES GALA'

Photos by Tony Lattimore

Two hundred and fifty distinguished guests gathered at the City National Grove of Anaheim to attend the Let's Save Lives Gala hosted by Kure It Cancer Research. The event featured a captivating silent auction offering impressive wines, spirits, art pieces, and exclusive stays at prestigious locations. BALLY South Coast Plaza contributed fashionable attire for a special fashion show, where board members and supporters showcased their style in front of the venue before the commencement of the dinner and program.

Todd Perry, the Chair of Kure It's Board, welcomed all attendees, introducing incoming board chair Julie Alai. He expressed gratitude to the board of directors, staff, women's guild, and sponsors. Perry highlighted Kure It's commitment to funding researchers addressing underfunded cancers in leading comprehensive cancer centers nationwide. Grants ranging from \$50,000 to \$250,000 are provided to support innovative ideas to secure larger funding for further research. Larry Zeiber, Vice President of Philanthropy at City of Hope of Orange County, commended Kure It for bringing hope to the community and emphasized City of Hope's unique focus on integrative therapies through over 800 clinical trials. Dr. Danny Nguyen, a physician from City of Hope, took the stage to enlighten the audience about advanced lung cancer treatments through clinical trials tailored to individualized care.

In a touching moment, lung cancer patient Michelle Vacca expressed her gratitude for City of Hope's ongoing clinical research treatment that has positively impacted her life.

This year's gala focused on Kure It's dedication to the community. Speakers shared how Kure It has been a beacon of hope for them and their loved ones after a cancer diagnosis. Kure It's close relationship with the researchers it funds allows it to connect its network of donors to the best care in a timely and personal way.

Auctioneer Ken Shirey conducted the live auction, which included a Christmas tree, completely decorated at the winner's home by Paul Fenner's Floral Designs, as well as a package, including a Bally gift certificate, and dinner at Knife Pleat, AnQi and Calo Kitchen + Tequila. Also included was a Cardiff-by-the-Sea Golf getaway with a beach cottage, restaurant card, and rounds of golf at Morgan Run Club & Resort in Rancho Santa Fe and at Goat Hill Park in Oceanside. Next, was a Hawaiian Getaway, with six nights on Oahu in a beautiful condo, golf, shopping, eating, and swimming with the green turtles at Milo's Cove.

The generous crowd helped boost proceeds in the Fund-A-Kure to an overall amount of \$413,500 for lung cancer research.

As guests departed the evening, they enjoyed a Baby's Badass Burgers food truck that greeted them with delicious items to munch on the way home!

Kure It, Inc. is an independent 501(c)(3) nonprofit providing funding for translational research projects focused on kidney cancer and other underfunded cancers. The funds raised through Kure It directly support groundbreaking research at leading cancer centers. Founded by Barry Hoeven in 2007 after his diagnosis of kidney cancer, Kure It expanded to support all underfunded cancers when the vast disconnect between the number of people afflicted with cancer and the amount of funding available for research became apparent. To date, Kure It has raised nearly \$15 million for cancer research and holds strong to the belief, "Together We Can Eradicate Cancer." For more information, visit www.KureIt.org.



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Board member and Sponsor Drew Hoeven with wife Jaime.



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Directory Advertising Hits the Jackpot for Small Business with a Limited Ad Budget **\$49.95**

"I'm not a big business, but I know that you have to advertise someplace and these little ads don't cost too much so I figure if you expect to get any new customers, I gave the little 'directory' ads in the newspaper a try. Nothing happened for the first week, not even a phone call. Then Boom! comes three new customers. Paid for my little ads and a nice profit. I'd say I hit the jackpot. Sign me up for another week newspaper ladies!"

The above story may not be exciting but is typical of advertisers who are shopping for advertising that is affordable but gives them something back for their money. Here's another:

As a Woman Who Owns A Small Business These Newspaper Directory Ads are a Great Value

"We women have to work harder to make a small business grow. Thanks to small, affordable ads in this newspaper I've got ads running every week. Every call helps my business grow. I give you an A+ for good prices and steady results."

Looking for the Penny Saver in all the Wrong Places

"I Used to get pretty good results from the Penny Saver, but when the Penny Saver closed up, I found this newspaper's little directory ads are even cheaper and work just about as good. Usually get two or three calls a month and most of them wind up being my customers. My bookkeeper says your directory ads work pretty good for the money"

Newspaper Directory Ads Worked Just Fine, Cost Less than Half! Nice!

"We tried some slick magazine ads that had beautiful pictures on the cover and they worked real good for a while but they were costing us an arm and a leg so we tried these little directory ads in your newspaper. The ads are smaller, but cost way less than half of what we were paying the magazines and the newspaper directory ads seem to work about as well. We are glad we tried them. They are a pretty good deal for the low price."

New Business Owner Likes Lower Priced Ads

"I Just Started my New Business and Happy that I Can Afford Your Newspaper Directory Ads. I need to attract new customers and these ads are priced just right."

Print your ad copy in the box at right.

Please keep your ad to a maximum of 8 words per line. Up to 36 characters. Company name and phone number will be in bold letters.

Please check the papers in which you would like your ad to appear:

- Coto de Caza News
- Ladera Ranch News
- Mission Viejo News
- Newport News
- San Clemente News

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3. _____
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Sample Best Business Ad

Please charge my credit card as follows:
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Please fax or email us your check or credit card info!

FAX: 949.589.6429 PHONE: 949.589.9990

EMAIL: mvlegals@yahoo.com

Best Business Directory Order Form 3-2023

Lake Forest Area

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Top New Businesses Recently Opened in Orange County

FICTITIOUS BUSINESS NAME STATEMENT 20236677955 The following company is doing business as: POWERED UP PRODUCTIONS, 32 BEL FLORA, LAS FLORES, CA 92688. This business is conducted by a corporation THE IGARASHI GROUP, INC., 32 BEL FLORA, LAS FLORES, CA, 92688. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ THE IGARASHI GROUP, INC. This notice was filed with the Orange County Recorder on 12/5/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678341 The following company is doing business as: MARKETING IN CARE, 12881 KNOTT ST., GARDEN GROVE, CA 92845. This business is conducted by a limited liability company INVEST BY WORLD LLC, 12881 KNOTT ST SUITE 206, GARDEN GROVE, CA, 92845. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ INVEST BY WORLD LLC. This notice was filed with the Orange County Recorder on 12/11/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679042 The following company is doing business as: SECURE COMPASS GROUP, 13090 MENDOCINO LN, GARDEN GROVE, CA 92843. This business is conducted by an individual EDWIN ROMAN, 13090 MENDOCINO LN, GARDEN GROVE, CA, 92843. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ EDWIN ROMAN. This notice was filed with the Orange County Recorder on 12/20/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679378 The following company is doing business as: HUNTINGTON BEACH LIVING, 10507 SLATER AVE., STE C, FOUNTAIN VALLEY, CA 92708. This business is conducted by a limited liability company FOUNTAIN VALLEY LIVING, LLC, 10507 SLATER AVE., STE C, FOUNTAIN VALLEY, CA, 92708. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ FOUNTAIN VALLEY LIVING, LLC. This notice was filed with the Orange County Recorder on 12/26/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236677965 The following company is doing business as: WELLBILT KUSTOMS, 6881 STANTON AVE UNIT G, BUENA PARK, CA 90621. This business is conducted by an individual JAMES JOSEPH RIORDAN, 11742 CANARY LN., GARDEN GROVE, CA, 92641. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ JAMES JOSEPH RIORDAN. This notice was filed with the Orange County Recorder on 12/5/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20236678532 The following person(s) has/have abandoned the use of the fictitious business: AGUILAR'S CONSTRUCTION, 23145 LOS ALISOS BLVD APT 285, MISSION VIEJO, CA 92691. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 3/21/23, File 20236658917. The business(es) was/were conducted by an individual, SALOMON WOLFREAGUILAR, 23145 LOS ALISOS BLVD APT 285, MISSION VIEJO, CA, 92691. This notice was filed with the Orange County Recorder on 12/13/23. Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679070 The following company is doing business as: THE RECESSED LIGHTING COMPANY, 3943 IRVINE BLVD, SUITE 296, IRVINE, CA 92602. This business is conducted by a corporation INSTALL MY LIGHTS, INC, 3943 IRVINE BLVD, SUITE 296, IRVINE, CA, 92602. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ INSTALL MY LIGHTS, INC. This notice was filed with the Orange County Recorder on 12/20/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679527 The following company is doing business as: ANAHEIM HOME REALTY/A PLUS NETWORKS IT/MEGA TAX SOFTWARE, 2211 MICHELSON DR 9TH FL STE 126, IRVINE, CA 92612. This business is conducted by an individual CHRISTIAN FLORES, 1785 N CEDAR GLEN DR APT C, ANAHEIM, CA, 92807. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ CHRISTIAN FLORES. This notice was filed with the Orange County Recorder on 12/27/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678027 The following company is doing business as: TWO WRENCH AUTOMOTIVE, 34052 DOHENY PARK ROAD #130, CAPISTRANO BEACH, CA 92624. This business is conducted by an individual JOEL RODRIGUEZ, 34052 DOHENY PARK ROAD #130, CAPISTRANO BEACH, CA, 92624. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ JOEL RODRIGUEZ. This notice was filed with the Orange County Recorder on 12/6/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678667 The following company is doing business as: GLEAMINGLUXE JANITORIAL AND HOUSEKEEPING SERVICES, 1852 SAN JUAN ST, TUSTIN, CA 92780. This business is conducted by a limited liability company ASCEND RECRUITING, LLC, 1852 SAN JUAN ST, TUSTIN, CA, 92780. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ ASCEND RECRUITING, LLC. This notice was filed with the Orange County Recorder on 12/14/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20236679124 The following person(s) has/have abandoned the use of the fictitious business: LOANHUNCH/DEBTHUNCH/SENIOR MOBILITY CARE, 1301 DOVE STREET, SUITE 830, NEWPORT BEACH, CA 92660. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 2/11/21. File 20216596131. The business(es) was/were conducted by a corporation, INBOUNDPROSPECT, INC., 1301 DOVE STREET, SUITE 830, NEWPORT BEACH, CA, 92660. This notice was filed with the Orange County Recorder on 2/11/21. Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679538 The following company is doing business as: MEXI MUNCHIES, 9800 CALEDONIA AVE, WESTMINSTER, CA 92683. This business is conducted by a limited liability company VIRTUAL ASSIST NETWORKS LLC, 9800 CALEDONIA AVE, WESTMINSTER, CA, 92683. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ VIRTUAL ASSIST NETWORKS LLC. This notice was filed with the Orange County Recorder on 12/27/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678069 The following company is doing business as: UNI-MED, 1863 S EILEEN DR, ANAHEIM, CA 92802. This business is conducted by an individual MOHAMED ELASSAL, 1863 S EILEEN DR, ANAHEIM, CA, 92802. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ MOHAMED ELASSAL. This notice was filed with the Orange County Recorder on 12/6/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678906 The following company is doing business as: OCTO PRO SYNTHETIC COATINGS, 16755 VON KARMAN AVENUE, SUITE 200, IRVINE, CA 92606. This business is conducted by a corporation OCTO PRO WASH INC., 238 NORTH MARTHA PLACE, FULLERTON, CA, 92833. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ OCTO PRO WASH INC. This notice was filed with the Orange County Recorder on 12/19/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679147 The following company is doing business as: SUZY ARRIOLA AND ASSOCIATES, 41 WOODSONG, RANCHO SANTA MARG, CA 92688-5513. This business is conducted by a corporation SUZY ARRIOLA AND ASSOCIATES, 41 WOODSONG, RANCHO SANTA MARG, CA, 92688-5518. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ SUZY ARRIOLA AND ASSOCIATES. This notice was filed with the Orange County Recorder on 12/21/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679719 The following company is doing business as: PROJECT ADMINISTRATION CONSULTING, 406 9TH STREET, HUNTINGTON BEACH, CA 92648. This business is conducted by an individual COLLEEN MARIE POUGET, 406 9TH STREET, HUNTINGTON BEACH, CA, 92648. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ COLLEEN MARIE POUGET. This notice was filed with the Orange County Recorder on 12/29/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678093 The following company is doing business as: AUTOBAHN WEST INC/AUTOBAHN WEST, 940 CALLE AMANECER, SUITE D, SAN CLEMENTE, CA 92673. This business is conducted by a corporation PETE LOPRESTI, 940 CALLE AMANECER, SUITE D, SAN CLEMENTE, CA, 92673. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ PETE LOPRESTI. This notice was filed with the Orange County Recorder on 12/6/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678919 The following company is doing business as: HOLISTIC PHYSICAL THERAPY AND STRUCTURAL INTEGRATION, 3551 CAMINO MIRA COSTA, SUITE N, SAN CLEMENTE, CA 92672. This business is conducted by a corporation MARY E MONTAGNA, 2992 CALLE GAUCHO, SAN CLEMENTE, CA, 92673-3066. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ MARY E MONTAGNA. This notice was filed with the Orange County Recorder on 12/19/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679296 The following company is doing business as: OC SCALP SPA, 9807 ADAMS AVE, HUNTINGTON BEACH, CA 92646. This business is conducted by a corporation THE TT BEAUTY SALON CO, 9807 ADAMS AVE, HUNTINGTON BEACH, CA, 92646. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ THE TT BEAUTY SALON CO. This notice was filed with the Orange County Recorder on 12/26/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679751 The following company is doing business as: OLIVE TREE JANITORIAL, 325 PURDY AVE, PLACENTIA, CA 92870. This business is conducted by an individual MARIE EUGENIA GARCIA, 325 PURDY AVE, PLACENTIA, CA, 92870. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ MARIE EUGENIA GARCIA. This notice was filed with the Orange County Recorder on 12/29/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678181 The following company is doing business as: JDL LOGISTICS, 101 SANSOVINO, LADERA RANCH, CA 92694. This business is conducted by an individual JOSE ALBERTO LOZANO, 101 SANSOVINO, LADERA RANCH, CA, 92694. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ JOSE ALBERTO LOZANO. This notice was filed with the Orange County Recorder on 12/8/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678954 The following company is doing business as: AIR CHOUH, 1926 E MOUNT VERNON AVE, ORANGE, CA 92667. This business is conducted by a corporation AIR CHOUH HEATING & AIR CONDITIONING INC., 1926 E MOUNT VERNON AVE, ORANGE, CA, 92667. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ AIR CHOUH HEATING & AIR CONDITIONING INC. This notice was filed with the Orange County Recorder on 12/19/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679297 The following company is doing business as: PLAZA PET HOSPITAL & BOARDING, 3 RANCHO CIR, LAKE FOREST, CA 92630. This business is conducted by a married couple (1) SAKYUN LEE, 36 REMINGTON LANE, ALISO VIEJO, CA, 92656, (2) YOUNG MEE LEE, 36 REMINGTON LANE, ALISO VIEJO, CA, 92656. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ SAKYUN LEE. This notice was filed with the Orange County Recorder on 12/26/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246679762 The following company is doing business as: ABOVE LIMITS P/ABOVE LIMITS INVESTIGATION, 1093 S. COUNTRY GLEN WAY, ANAHEIM, CA 92808. This business is conducted by an individual TAMER FARAH, 1093 S. COUNTRY GLEN WAY, ANAHEIM, CA, 92808. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ TAMER FARAH. This notice was filed with the Orange County Recorder on 1/2/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678207 The following company is doing business as: SC TUTORING AND EDUCATION CONSULTING, 38 CALLE PROSPERO, SAN CLEMENTE, CA 92673. This business is conducted by an individual NICHOLL MAUGA, 38 CALLE PROSPERO, SAN CLEMENTE, CA, 92673. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ NICHOLL MAUGA. This notice was filed with the Orange County Recorder on 12/8/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678970 The following company is doing business as: ESENCIA FAMILY TRAVEL, 93 MAJEZA CT, RANCHO MISSION VIEJO, CA 92694. This business is conducted by a limited liability company ESENCIA FAMILY TRAVEL LLC, 93 MAJEZA CT, RANCHO MISSION VIEJO, CA, 92694. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ ESENCIA FAMILY TRAVEL LLC. This notice was filed with the Orange County Recorder on 12/19/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679308 The following company is doing business as: THE AMP CLINIC, 4750 CARDENA PLAZA, YORBA LINDA, CA 92886-3503. This business is conducted by an individual PAUL C NELSON, 4750 CARDENA PLAZA, YORBA LINDA, CA, 92886-3503. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ PAUL C NELSON. This notice was filed with the Orange County Recorder on 12/26/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246679784 The following company is doing business as: BAYSIDE BEVERAGES, 1440 S ST COLLEGE BLVD STE 1B, ANAHEIM, CA 92806. This business is conducted by a limited liability company BAYSIDE BEVERAGES LLC, 9427 S 3RD AVE, INGLEWOOD, CA, 90305. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ BAYSIDE BEVERAGES LLC. This notice was filed with the Orange County Recorder on 1/2/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236678281 The following company is doing business as: PCO MANAGEMENT, 3723 W SHERRINGHAM AVE, ORANGE, CA 92668. This business is conducted by an individual PAMELA OHSAN, 3723 W SHERRINGHAM AVE, ORANGE, CA, 92668. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ PAMELA OHSAN. This notice was filed with the Orange County Recorder on 12/11/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679038 The following company is doing business as: CASURF N PADDLE, 695 S. COAST HWY, LAGUNA BEACH, CA 92651. This business is conducted by a corporation COSTA AZUL INTERNATIONAL INC., 695 S. COAST HWY, LAGUNA BEACH, CA, 92651. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ COSTA AZUL INTERNATIONAL INC. This notice was filed with the Orange County Recorder on 12/20/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20236679372 The following company is doing business as: SMART MONEY MORTGAGE/SMART MONEY REALTY/SMART MONEY REALTY & MORTGAGE/SMART MONEY REALTY AND MORTGAGE, 7545 IRVINE CENTER DR., STE 200, IRVINE, CA 92618. This business is conducted by a corporation SMART MONEY REAL ESTATE, INC., 7545 IRVINE CENTER DR., STE 200, IRVINE, CA, 92618. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ SMART MONEY REAL ESTATE, INC. This notice was filed with the Orange County Recorder on 12/26/23. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246679809 The following company is doing business as: NANCY'S BOUTIQUE AND SPA, 6161 E MORNINGVIEW DR, ANAHEIM, CA 92807. This business is conducted by an individual MARIA HIGUERA, 6161 E MORNINGVIEW DR, ANAHEIM, CA, 92807. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ MARIA HIGUERA. This notice was filed with the Orange County Recorder on 1/2/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.



Top New Businesses Recently Opened in Orange County

FICTITIOUS BUSINESS NAME STATEMENT 20246679810 The following company is doing business as: VALVOLINE EXPRESS CARE, 400 N STATE COLLEGE (LUBE BUILDING), ANAHEIM, CA 92806. This business is conducted by a corporation SAMS AUTOMOTIVE CARE, 38935 W 5TH ST, PALMDALE, CA, 93551. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/SAMS AUTOMOTIVE CARE. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246679829 The following company is doing business as: JUICE FADES, 2026 W WASHINGTON AVE, SANTA ANA, CA 92706. This business is conducted by an individual DAMIAN VILLANUEVA, 2026 W WASHINGTON AVE, SANTA ANA, CA, 92706. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/DAMIAN VILLANUEVA. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246679913 The following company is doing business as: CIVILIAN TRAINING GROUP, LLC, 20701 BEACH BLVD., SPC. 52, HUNTINGTON BEACH, CA 92648. This business is conducted by a limited liability company JOHN PROTTO, 20701 BEACH BLVD., SPC. 52, HUNTINGTON BEACH, CA, 92648. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/JOHN PROTTO. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246679928 The following company is doing business as: PHOENIX: THE RISE OF CULINARY, 7562 ELLIS AVE APT C4, HUNTINGTON BEACH, CA 92648. This business is conducted by an individual SAFIA GULAMALI, 7562 ELLIS AVE APT C4, HUNTINGTON BEACH, CA, 92648. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/SAFIA GULAMALI. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680013 The following company is doing business as: HAPPY DAY REAL ESTATE, 120 VANTIS SUITE 336, ALISO VIEJO, CA 92656. This business is conducted by a corporation MAGELLAN CAPITAL GROUP & ASSOC., 120 VANTIS SUITE 336, ALISO VIEJO, CA, 92656. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/MAGELLAN CAPITAL GROUP & ASSOC. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680019 The following company is doing business as: SOL NACIENTE GRILL MEDITERRANEAN FOOD, 26382 EVA ST, LAGUNA HILLS, CA 92656. This business is conducted by an individual RICARDO ERNESTO AVELAR GUZMAN, 26382 EVA ST, LAGUNA HILLS, CA, 92656. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/RICARDO ERNESTO AVELAR GUZMAN. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680025 The following company is doing business as: PAWLPRINTS, 5407 W BALLAST AVE, SANTA ANA, CA 92704. This business is conducted by an individual PAUL THANH BUI, 5407 W BALLAST AVE, SANTA ANA, CA, 92704. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/PAUL THANH BUI. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680029 The following company is doing business as: GRACES HOME, 12501 BROWNING AVE, SANTA ANA, CA 92705. This business is conducted by a corporation V&V ENTERPRISES, 12501 BROWNING AVE, SANTA ANA, CA, 92705. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/V&V ENTERPRISES. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680044 The following company is doing business as: PEN PALS STATIONERY GOODS, 2930 BRISTOL ST., C101, COSTA MESA, CA 92626. This business is conducted by a married couple (1) MATTHEW PAYAWAL, 2930 BRISTOL ST, C101, COSTA MESA, CA, 92626, (2) SANDRA VICTORINE, 2930 BRISTOL ST, C101, COSTA MESA, CA, 92626. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/MATTHEW PAYAWAL. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680046 The following company is doing business as: K&A INSURANCE, 16882 BOLSA CHICA ST 206, HUNTINGTON BEACH, CA 92649. This business is conducted by a corporation LAVINGTON INSURANCE AGENCY INC., 16882 BOLSA CHICA ST #206, HUNTINGTON BEACH, CA, 92649. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/LAVINGTON INSURANCE AGENCY INC. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680049 The following company is doing business as: VARDOLAKIS MOTORS AND CAR CLUB LLC DBA VARDOLAKIS, 5 FLAX COURT, COTO DE CAZA, CA 92679. This business is conducted by a limited liability company VARDOLAKIS MOTORS AND CAR CLUB LLC, 5 FLAX COURT, COTO DE CAZA, CA, 92679. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/VARDOLAKIS MOTORS AND CAR CLUB LLC. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680090 The following company is doing business as: RTB TAX REPUBLIC, 1242 S. MACDUFF ST., ANAHEIM, CA 92804. This business is conducted by an individual RUBY TATAD BANARES, 1242 S. MACDUFF ST., ANAHEIM, CA, 92804. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/RUBY TATAD BANARES. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680102 The following company is doing business as: MILOBLENDZZZ, 2007 W ADRIN WAY, SANTA ANA, CA 92704. This business is conducted by an individual EMILIANO AYALA, 2007 WADRIN WAY, SANTA ANA, CA, 92704. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/EMILIANO AYALA. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680103 The following company is doing business as: JOY NAILS DESIGN, 17422 BEACH BLVD, HUNTINGTON BEACH, CA 92647. This business is conducted by an individual CHANH NGOC NGUYEN, 17422 BEACH BLVD, HUNTINGTON BEACH, CA, 92647. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CHANH NGOC NGUYEN. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20246680104 The following person(s) has/have abandoned the use of the fictitious business: THE BEST NAILS AND SPA, 17422 BEACH BLVD, HUNTINGTON BEACH, CA 92647. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 2/17/22. File 20226627945. The business(es) was/were conducted by an individual, LEE NHI NGUYEN, 17422 BEACH BLVD, HUNTINGTON BEACH, CA, 92647. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680105 The following company is doing business as: BARKHA KOMAL AGENCY, 12961 RANCHWOOD RD, SANTA ANA, CA 92705. This business is conducted by a limited liability company ELLA ENTERPRISE LLC, 12961 RANCHWOOD RD, SANTA ANA, CA, 92705. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ELLA ENTERPRISE LLC. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680107 The following company is doing business as: LUNA PRO PAINTING, 1919 E ROMNEYA DR #332, ANAHEIM, CA 92805. This business is conducted by a married couple (1) OSWALDO LUNA - LOPEZ, 1919 E ROMNEYA DR #332, ANAHEIM, CA, 92805, (2) KARLA YESENIA LUNA - MUNOZ, 1919 E ROMNEYA DR #332, ANAHEIM, CA, 92805. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/OSWALDO LUNA - LOPEZ. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680110 The following company is doing business as: WEST COAST AUTOMOTIVE REPAIR & RESTORATION, 216B CALLE DE LOS MOLINOS, SAN CLEMENTE, CA 92672-9267. This business is conducted by a corporation WEST COAST AUTOMOTIVE REPAIR & RESTORATION, 216B CALLE DE LOS MOLINOS, SAN CLEMENTE, CA, 92672. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/WEST COAST AUTOMOTIVE REPAIR & RESTORATION. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680116 The following company is doing business as: SD CLEANING SERVICES, 28188 MOULTON PKWY APT 813, LAGUNA NIGUEL, CA 92677. This business is conducted by an individual STEVEN DUARTE, 28188 MOULTON PKWY 183, LAGUNA NIGUEL, CA, 92677. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/STEVEN DUARTE. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680118 The following company is doing business as: ARYAN'S BAKERY, 2550 E. WARD TERRACE APT #47, ANAHEIM, CA 92806. This business is conducted by a limited liability company CASA COVRIGILOR, LLC, 2550 E. WARD TERRACE APT #47, ANAHEIM, CA, 92806. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CASA COVRIGILOR, LLC. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680122 The following company is doing business as: CHAI ME TO THE MOON & CO., 18178 CANYON CT, FOUNTAIN VALLEY, CA 92708. This business is conducted by a general partnership (1) ANGIE LORENA MOSQUERA RUIZ, 18178 CANYON CT, FOUNTAIN VALLEY, CA, 92708, (2) ERICK DAVID WOOD, 18178 CANYON CT, FOUNTAIN VALLEY, CA, 92708. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ANGIE LORENA MOSQUERA RUIZ. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680151 The following company is doing business as: DOG RANCH BED & BISCUIT, 20401 SUN VALLEY DRIVE, LAGUNA BEACH, CA 92651. This business is conducted by a corporation CHUBBS INC, 20401 SUN VALLEY DRIVE, LAGUNA BEACH, CA, 92651. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CHUBBS INC. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680153 The following company is doing business as: ATOMICPC CORP/ATOMIC GROUP/ATOMIC DOMAIN/ATOMIC WIRE/ATOMIC BACKUP/ATOMIC TECHNOLOGY SOLUTIONS/FLATRATEITSERVICES.COM, 14252 CULVER DRIVE A900, IRVINE, CA 92604. This business is conducted by a corporation ATOMICPC CORP, 14252 CULVER DRIVE A900, IRVINE, CA, 92604. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ATOMICPC CORP. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680154 The following company is doing business as: STATISTIFIC, 5 BROOKDALE, IRVINE, CA 92604. This business is conducted by an individual FAN YANG, 5 BROOKDALE, IRVINE, CA, 92604. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/FAN YANG. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680167 The following company is doing business as: DSVIC BUSINESS SOLUTIONS, 300 - 19800 MACARTHUR BLVD., IRVINE, CA 92612. This business is conducted by a corporation NEW VILLAGE HOLDINGS CORPORATION, 300 - 19800 MACARTHUR BLVD., IRVINE, CA, 92612. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/NEW VILLAGE HOLDINGS CORPORATION. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680169 The following company is doing business as: MANTRASIS, 21 AVALON CV, LAGUNA NIGUEL, CA 92677. This business is conducted by a general partnership (1) AZADEH SARVI, 21 AVALON CV, LAGUNA NIGUEL, CA, 92677, (2) ELHAM SARVI, 21 AVALON CV, LAGUNA NIGUEL, CA, 92677. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/AZADEH SARVI. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680177 The following company is doing business as: CMG BARRICADE, 29822 AVE DE LAS BANDERAS, STE B, RANCHO STA MARGARITA, CA 92688. This business is conducted by a corporation CABLE MAINTENANCE GROUP, INC., 29822 AVE DE LAS BANDERAS, STE B, RANCHO STA MARGARITA, CA, 92688. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CABLE MAINTENANCE GROUP, INC.. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680180 The following company is doing business as: CAST AWAY, 2730 CAMINO CAPISTRANO #4, SAN CLEMENTE, CA 92672. This business is conducted by an individual JUSTIN YOUNG, 2730 CAMINO CAPISTRANO #4, SAN CLEMENTE, CA, 92672. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/JUSTIN YOUNG. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680181 The following company is doing business as: CMG TELECOM, 29822 AVE DE LAS BANDERAS, STE B, RANCHO STA MARGARITA, CA 92688. This business is conducted by a corporation CABLE MAINTENANCE GROUP, INC., 29822 AVE DE LAS BANDERAS, STE B, RANCHO STA MARGARITA, CA, 92688. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/CABLE MAINTENANCE GROUP, INC.. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680187 The following company is doing business as: LITTLE BALL OF LOVE DBA SUPER SUDS MOBILE GROOMING, 2714 VIA MONTEZUMA, SAN CLEMENTE, CA 92672. This business is conducted by an individual KAERAN Z SUDMALIS-TESTI, 2714 VIA MONTEZUMA, SAN CLEMENTE, CA, 92672. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/KAERAN Z SUDMALIS-TESTI. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680200 The following company is doing business as: LUXURY AQUARIUM MAINTENANCE, 9841 CHANCE CIRCLE, HUNTINGTON BEACH, CA 92646. This business is conducted by an individual ANTHONY JOHN MARINELLI, 9841 CHANCE CIRCLE, HUNTINGTON BEACH, CA, 92646. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ANTHONY JOHN MARINELLI. This notice was filed with the Orange County Recorder on 1/19/24. The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.



DBA's Courtesy of Mission Viejo News

Top New Businesses Recently Opened in Orange County

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20246680205 The following person(s) has/have abandoned the use of the fictitious business: MCA DIRECT/MATERIALS CONSULTING ARCHIVALS DIRECT, 6341 GLENDALE DRIVE, YORBA LINDA, CA 92886. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 1/11/19, File 20196680205. The business(es) was/were conducted by co-partners, (1) MARIE MARTIN, 6341 GLENDALE DRIVE, YORBA LINDA, CA, 92886, (2) ERIN PICON, 26241 MORNING GLEN, LAKE FOREST, CA, 92630. This notice was filed with the Orange County Recorder on 2/25/19, Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20246680215 The following person(s) has/have abandoned the use of the fictitious business: NATURE'S LIGHT HOLISTIC HEALING, 10021 STILBITE AVE., FOUNTAIN VALLEY, CA 92708. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 9/15/20, File 20206584599. The business(es) was/were conducted by an individual, VERONICA GUADALUPE TRAN, 10021 STILBITE AVE., FOUNTAIN VALLEY, CA, 92708. This notice was filed with the Orange County Recorder on 1/9/24, Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20246680222 The following person(s) has/have abandoned the use of the fictitious business: ELITE SPA, 4030 BIRCH ST SUITE 106, NEWPORT BEACH, CA 92660. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 12/1/23, File 20236677747. The business(es) was/were conducted by a corporation, ABELL IDEA DEVELOPMENT CORP, 6342 APACHE RD, WESTMINSTER, CA, 92683-2051. This notice was filed with the Orange County Recorder on 1/9/24, Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680263 The following company is doing business as: COAST HANDPIECE CENTER, 207 WEST AVENIDA ALESSANDRO, SAN CLEMENTE, CA 92672. This business is conducted by an individual GARRETT WALLACE, 207 WEST AVENIDA ALESSANDRO, SAN CLEMENTE, CA, 92672. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/GARRETT WALLACE. This notice was filed with the Orange County Recorder on 1/19/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680264 The following company is doing business as: BRYAN FADEZZ, 1241 N EAST ST SPC 81, ANAHEIM, CA 92805. This business is conducted by an individual BRYAN MONTOYA, 1241 N EAST ST SPC 81, ANAHEIM, CA, 92805. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/BRYAN MONTOYA. This notice was filed with the Orange County Recorder on 1/9/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680265 The following company is doing business as: AMINI PSYCHOLOGY, 21791 CONSTANCIA, MISSION VIEJO, CA 92692. This business is conducted by a corporation AMINI PSYCHOLOGY, PC, 21791 CONSTANCIA, MISSION VIEJO, CA, 92692. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/AMINI PSYCHOLOGY, PC. This notice was filed with the Orange County Recorder on 1/9/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680322 The following company is doing business as: HOLISTIC WELLNESS AND ESTHETICS, 24953 PASEO DE VALENCIA #1C, LAGUNA HILLS, CA 92653. This business is conducted by a limited liability company KLC HEALTHCARE LLC, 24953 PASEO DE VALENCIA #1C, LAGUNA HILLS, CA 92653, LAGUNA HILLS, CA, 92653. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/KLC HEALTHCARE LLC. This notice was filed with the Orange County Recorder on 1/10/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680329 The following company is doing business as: EUREKA ENTERPRISES, 8301-8307 STANDUSTRIAL ST., STANTON, CA 90680. This business is conducted by a general partnership (1) ANDREAS BARTHA, 8301-8307 STANDUSTRIAL ST, STANTON, CA, 90680, (2) WILLIAM H.HARRIS, 8301-8307 STANDUSTRIAL ST., STANTON, CA, 90680. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ ANDREAS BARTHA. This notice was filed with the Orange County Recorder on 1/10/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680357 The following company is doing business as: 007 CREDIT AGENT, 17332 IRVINE BLVD STE 125, TUSTIN, CA 92780. This business is conducted by a limited liability company 007 BUSINESS AGENT LLC, 17332 IRVINE BLVD STE 125, TUSTIN, CA, 92780. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/007 BUSINESS AGENT LLC. This notice was filed with the Orange County Recorder on 1/10/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680387 The following company is doing business as: ARNICARE FIRST CAREGIVER SERVICES, 4630 CAMPUS DRIVE SUITE 100, NEWPORT BEACH, CA 92660. This business is conducted by a limited liability company AR PINON VENTURES LLC, 4630 CAMPUS DRIVE SUITE 100, NEWPORT BEACH, CA, 92660. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/AR PINON VENTURES LLC. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20246680405 The following person(s) has/have abandoned the use of the fictitious business: SC PLASTIC SURGERY/EXECUTIVE ESTHETICS, 555 N EL CAMINO REAL STE A#433, SAN CLEMENTE, CA 92672. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 3/24/23, File 20236659233. The business(es) was/were conducted by a corporation, PAVLO ISAK INC, 215 AVENIDA ADOBE, SAN CLEMENTE, CA, 92672. This notice was filed with the Orange County Recorder on 5/2/23, Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680406 The following company is doing business as: MZA - THE MICHAEL ZANUCK AGENCY, 17052 BARUNALANE, HUNTINGTON BEACH, CA 92649. This business is conducted by a corporation ZPPA, INC., 17052 BARUNALANE, HUNTINGTON BEACH, CA, 92649. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ ZPPA, INC. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680410 The following company is doing business as: KATHARINE STORY BOUTIQUE/ KATHARINE STORY STUDIO, 1476 S COAST HWY, LAGUNA BEACH, CA 92651. This business is conducted by a limited liability company HOUSE OF STORY, 1476 S COAST HWY, LAGUNA BEACH, CA, 92651. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HOUSE OF STORY. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME 20246680416 The following person(s) has/have abandoned the use of the fictitious business: AMERICAN HOME LENDERS, 200 SPECTRUM CENTER DRIVE SUITE 300, IRVINE, CA 92618. The Fictitious Business Name(s) referred to above was/were filed in Orange County on 8/15/23, File 20236670014. The business(es) was/were conducted by a corporation, THE MORTGAGE LENDERS INC, 2335 PORTRAIT WAY, TUSTIN, CA, 92782. This notice was filed with the Orange County Recorder on 1/11/24, Published: The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680421 The following company is doing business as: AT YOUR SERVICE CATERERS, 19361 BROOKHURST ST SPC 81, HUNTINGTON BEACH, CA, 92646. This business is conducted by an individual PRISCILLA ROSE GRANGER, 19361 BROOKHURST ST SPC 81, HUNTINGTON BEACH, CA, 92646. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/ PRISCILLA ROSE GRANGER. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680422 The following company is doing business as: H&H SPEEDY CREDIT SERVICE, 337 SAINT VINCENT, IRVINE, CA 92618. This business is conducted by an individual HOSSEIN J HAGHIGHI, 337 SAINT VINCENT, IRVINE, CA, 92618. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HOSSEIN J HAGHIGHI. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680423 The following company is doing business as: US IMPORT EXPORT, 337 SAINT VINCENT, IRVINE, CA 92618. This business is conducted by an individual HOSSEIN JOUDI HAGHIGHI, 337 SAINT VINCENT, IRVINE, CA, 92618. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HOSSEIN JOUDI HAGHIGHI. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680424 The following company is doing business as: ELITE YACHT COMPANY, 337 SAINT VINCENT, IRVINE, CA 92618. This business is conducted by an individual HOSSEIN J HAGHIGHI, 337 SAINT VINCENT, IRVINE, CA, 92618. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HOSSEIN J HAGHIGHI. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680429 The following company is doing business as: NEW BEGINNINGS CHRISTIAN COUNSELING, 1679 E ORANGETHORPE AVE #24, ATWOOD, CA 92811. This business is conducted by a corporation NEW BEGINNINGS CHRISTIAN COUNSELING FAMILY SERVICES, PC, 1679 E ORANGETHORPE AVE #24, ATWOOD, CA, 92811. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/NEW BEGINNINGS CHRISTIAN COUNSELING FAMILY SERVICES, PC. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680442 The following company is doing business as: SKT CONSULTANT, 31878 DEL OBISPO ST STE 118510, SAN JUAN CAPISTRANO, CA 92675. This business is conducted by an individual SHAYAN KOOROSH TEYMOORIAN, 31878 DELL OBISPO ST, SAN JUAN CAPISTRANO, CA, 92675. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/SHAYAN KOOROSH TEYMOORIAN. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680448 The following company is doing business as: CHOOSE YOUR HOME LOAN, COM, 30511 AVENIDA DE LAS FLORES #1009, RANCHO SANTA MARGARITA, CA 92688. This business is conducted by an individual DONALD DAVID DEDO, 30511 AVENIDA DE LAS FLORES #1009, RANCHO SANTA MARGARITA, CA, 92688. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/DONALD DAVID DEDO. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680450 The following company is doing business as: INVESTORS CHOICE CLEANING SERVICE, 12002 PAINTER AVE, WHITTIER, CA 90605. This business is conducted by a corporation MCINC CONSTRUCTION INC., 12002 PAINTER AVE, WHITTIER, CA, 90605. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/MCINC CONSTRUCTION INC. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680451 The following company is doing business as: EVENT DECOR&MORE, 1915 W 1ST STREET, SANTA ANA, CA 92703. This business is conducted by an individual DENNY BENITES, 1915 W 1ST STREET, SANTA ANA, CA, 92703. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/DENNY BENITES. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680452 The following company is doing business as: SJ AUTO DETAIL, 5414 W MELRIC DR, SANTA ANA, CA 92704. This business is conducted by an individual EDWIN GASPAR NOLASCO, 5414 W MELRIC DR, SANTA ANA, CA, 92704. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/EDWIN GASPAR NOLASCO. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680459 The following company is doing business as: AMNI BIO SCIENCE/AMNI LIFE SCIENCE, 1 MCGWIRE ROAD, LADERA RANCHO, CA 92694. This business is conducted by an individual SAM ALKHASS, 1 MCGWIRE ROAD, LADERA RANCHO, CA, 92694. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/SAM ALKHASS. This notice was filed with the Orange County Recorder on 1/11/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680476 The following company is doing business as: THOERNER & TOMA COMPANY, 1130 ROOSEVELT, IRVINE, CA 92620. This business is conducted by a limited liability company TO & SCOTT LLC, 17661 SAN RAFAEL ST, FOUNTAIN VALLEY, CA, 92708. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/TO & SCOTT LLC. This notice was filed with the Orange County Recorder on 1/12/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680494 The following company is doing business as: MHOLDINGS, 1234 W 19TH ST, SANTA ANA, CA 90680. This business is conducted by a limited liability company PHA DA LLC, 1234 W19TH ST, SANTA ANA, CA, 92706. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/PHA DA LLC. This notice was filed with the Orange County Recorder on 1/12/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680519 The following company is doing business as: SLPCI, 561 MERCURY LANE, #18, BREA, CA 92821. This business is conducted by a corporation SLPCI, 822 E DAVIDSON AVE, BREA, CA, 92821. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/SLPCI. This notice was filed with the Orange County Recorder on 1/12/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680533 The following company is doing business as: DR. NATE PSYCH, 101 S EL CAMINO REAL, SUITE 101, SAN CLEMENTE, CA 92672. This business is conducted by an individual NATHAN JAY BALFANZ, 101 S EL CAMINO REAL, SUITE 201, SAN CLEMENTE, CA, 92672. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/NATHAN JAY BALFANZ. This notice was filed with the Orange County Recorder on 1/12/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

FICTITIOUS BUSINESS NAME STATEMENT 20246680538 The following company is doing business as: KRM GROUP, 124 S BELMONT ST APT 5, GLENDALE, CA 91205. This business is conducted by an individual HAIK HENRY KRMOIAN, 124 S BELMONT ST APT 5, GLENDALE, CA, 91205. The registrants have not commenced to do business under the fictitious business name or names listed above. /S/HAIK HENRY KRMOIAN. This notice was filed with the Orange County Recorder on 1/12/24, The Mission Viejo News: 1/19/24, 1/26/24, 2/2/24, 2/9/24.

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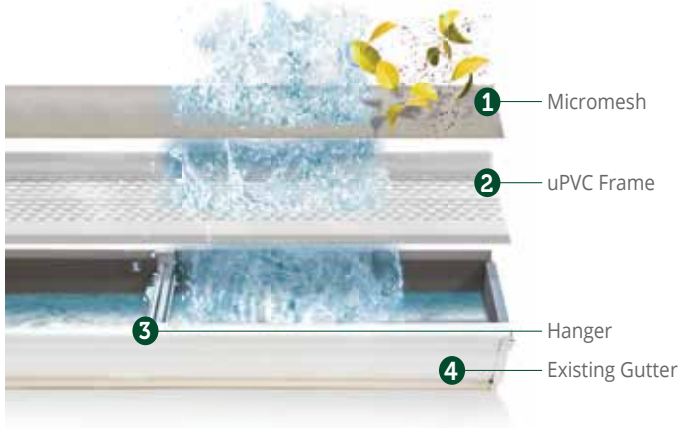
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